

INFORMATION FOR YOUR CRCG MEETING

This helpful information is designed to get you ready for your CRCG meeting.

Meeting information:

Date:

Time:

Location:

Who do I contact if I have additional questions about the CRCG meeting?

CRCG Representative's Name:

Phone:

Email:

WHO SHOULD I INVITE TO THE CRCG MEETING?

Consider inviting a supportive person such as:

- Family member
- Friend
- Counselor
- Trusted community member
- Your family partner or peer specialist

HOW SHOULD I PREPARE FOR THE CRCG MEETING?

- Ask your CRCG representative what documents or information would be helpful to bring to the meeting.
- List documents and materials your local CRCG asks you to bring:

1.	4.
2.	5.
3.	6.
- If you are attending the meeting virtually, find a private location with reliable internet and/or cell phone access.
- Test the virtual platform in advance to make sure you have access to it and it works properly. If you have any technical difficulties, trouble using the platform or navigating its functions, contact the CRCG representative listed in this document.

WHAT TO EXPECT AT THE CRCG MEETING:

- There will be a variety of people at the table from state and local agencies to get you the help you need. Many CRCGs have family or peer representatives — a person who has experiences with physical, emotional, behavioral or mental health challenges and knowledge of the CRCG process — who are available to explain the process, answer questions and support you and your family before, during and after the meeting. Ask your local CRCG to find out if this assistance is available in your area.
- If you have any general needs, questions or concerns about the meeting, contact your CRCG representative.



**YOUR THOUGHTS,
EXPERIENCES AND
OPINIONS MATTER.**

At the CRCG meeting,
your voice will be
heard. CRCGs are here
to support you and
connect you to services.



- The CRCG will ask you to share:
 - What brought you to the meeting.
 - Types of services you received before and how successful they were.
 - Your goals.
 - Your strengths and supports.
 - How the CRCG can help support you.
- You and the CRCG will talk about what services can help.
- Everyone will work together to create an individual service plan. **Your thoughts, experiences and opinions matter.**
 - It's important your voice and the person needing services and supports be heard during the CRCG process. If the person needing services is a youth or young adult, they should be invited to the meeting when appropriate or asked to share how they want the CRCG to support them. A conversation with your CRCG representative before the meeting can help with this process.

WILL MY PERSONAL INFORMATION BE SHARED?

Any information the CRCG learns about you and your family is confidential. CRCGs cannot give this information to anyone, including other agencies and professionals, without your written consent. You will be asked to sign a release to share information between providers.

WHAT WILL HAPPEN AFTER THE CRCG MEETING?

- You should leave the CRCG meeting with a copy of your service plan. Your CRCG may provide a written copy to you or arrange to send you a digital version.
- Your plan will list each recommended service discussed during your meeting, including next steps and contact information for the services.
- You will be given the contact information for the CRCG representative who will be available to answer any questions about your plan. A family or peer representative may also be available to answer questions and support you after the meeting. Ask your local CRCG to find out if this assistance is available in your area.
- Your CRCG may arrange a follow up meeting or call with you to check in about how your plan is working and if any changes need to be made.

WHERE CAN I FIND MORE INFORMATION ABOUT CRCGS?

Visit the CRCG website at crcg.hhs.texas.gov.

NOTES:
